Help build better health services
– how you can get involved

The Clinical Commissioning Group believes that everyone should have a say in how NHS services are provided so there really is ‘no decision about me without me’.

Would you like to be part of the CCG’s plans to make our area’s health services truly responsive to local people’s needs?

Do you want to have a say in how those services keep on getting better?

If the answer’s ‘yes’ then there are some great ways you can get involved and help make a difference. Please see below as well as our website www.bracknellandascotccg.nhs.uk.

- Join your GP patient group - this gives you the chance to discuss the services provided for you, your family and friends and how they can be improved to suit the needs of your local community. Ask your GP practice for more information.
- Come along to a meeting of the CCG’s Community Partnership Forum – this is where GPs, patient representatives, local councillors, Healthwatch representatives, the voluntary sector and care providers get together. Members of the public are welcome to attend and join discussions on health issues.
- Register with Health Connect on the CCG website to get involved in surveys and consultations about different aspects of local health services. We will also keep you informed of developments and news and invite you to events.
- Come along to one of the CCG’s Governing Body meetings or Joint Commissioning meetings. These take place in public and there are opportunities to ask questions and meet members of the committees.
- Full details are available on the CCG website.
- Keep up to date and join in by following us on Twitter @B&A_CCG. We would like to develop this and other ways of encouraging people to get involved.

Thank you for getting involved

A few examples of how your feedback has influenced the work the CCG undertakes:

A New Vision of Care: We received over 100 responses to an online survey on Health Connect about the care provided to older people and met face to face with over 50 more who attended public workshops. The outputs from here fed into the clinical engagement workshops and together we designed the core principles of care.

Primary Care Transformation

Earlier this year, we invited members of the public to explore what needs to happen so that people with long term conditions receive high quality routine primary care and are motivated to self-manage their condition. Participants believed we could make improvements to ensure “Better Futures for All” which is now the name of this programme of work. Significant changes are being planned based on the feedback received, and we are keen to continue hearing from you via your GP Practice Patient Group.
Our two-year operating plan, 2014-16

During 2013/14 we developed and published our three year quality strategy. To find out more about the six key areas, please visit our website.

Patient and public engagement

As you can see from the information provided in the back page, there are various ways you can get involved in the work we do, including the practice level Patient Groups and the Patient Assembly. Local people can also join HealthMakers. We have recruited patients with long-term conditions to train as facilitators of self-management training. We have also recruited patient leaders who have participated in leadership training. This has included students from Bracknell College who will be our first young HealthMakers, helping us reach the young people of the area. We have listened to our patients and public and we will continue to embed the patient and public engagement in our work.

Key facts

Looking to 2015/16, the CCG has earmarked funding for improving access to mental health services, and the overall investment in mental health services with our main provider Berkshire Healthcare Foundation Trust is forecast to increase by 8.4%.

Self-care and prevention:

Falls prevention is a priority and under the leadership of public health we are partners in Falls Free 4 Life a targeted programme of advice, assessment and exercise and preventative therapy. The vision for the Better Care Fund includes a focus on health, not illness. The population will be happier, healthier and active for longer; through having access to better information and support to make the right choices. The Prevention and Self-Care Programme spans many projects. From promoting fun exercise in schools, to hydration in the elderly, as well as important advice on keeping well in winter and the HealthMakers self-management courses. Self care week 2014 was bigger and better than ever with more people getting health checks, taster session and advice tailored to their needs from our “Street GPs”.

Primary care:

The Clinical Commissioning Group is now jointly commissioning primary care services with NHS England, therefore having more responsibility and accountability closer to home. A second initiative has been the Transformation of Primary Care which is seeing the investment of £2.1m in local primary care to make services more available. We are designing new services in partnership with local patients to reflect their needs and preferences. This means changing services to meet the needs of working people as well as carers, and people with long term health needs. You can get involved by joining your GP practice patient group. We are looking at innovations in technology as well as the workforce to ensure we recruit and retain the best doctors and nurses to support our patients. Our member practices have come together to form a legal entity; Berkshire Primary Care Limited (independent of the CCG), to be the single voice of the GP practices as a provider organisation, giving them the ability to work with the CCG to transform primary care. The potential for conflict of interest is taken very seriously by the CCG - please see website for more information.

Quality

Throughout the year the Clinical Commissioning Group has worked closely with local health providers for hospital, community, mental health, primary care and nursing home care services across East Berkshire. Mechanisms are in place for regular monitoring of these providers, allowing the CCG to quickly identify areas of poor performance and quality for which sanctions are issued and focussed improvement initiatives are implemented. Serious incidents or adverse events regarding patient safety are reported by Providers directly to the CCG within 48 hours of occurrence, with CCG overseeing the investigations and agreeing actions. The action plans are then monitored by the CCG to ensure implementation. This is a robust system that ensures that lessons learnt from such incidents are shared widely to prevent recurrence. If any themes or trends emerge or re-occurring incidents the provider is requested to undertake a deep dive, an internal review against all the incidents or an external review.

Bracknell and Ascot Clinical Commissioning Group 2014/15

Analysis of Net Expenditure

<table>
<thead>
<tr>
<th>Programmes</th>
<th>2014/15 Expenditure</th>
<th>% of Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>Acute hospital services</td>
<td>£136m</td>
<td>3%</td>
</tr>
<tr>
<td>Mental health services</td>
<td>£5m</td>
<td>0.1%</td>
</tr>
<tr>
<td>Community health services</td>
<td>£4m</td>
<td>0.1%</td>
</tr>
<tr>
<td>Other Programmes</td>
<td>£1.9m</td>
<td>0.5%</td>
</tr>
<tr>
<td>Primary care &amp; prescribing</td>
<td>£2.1m</td>
<td>0.6%</td>
</tr>
<tr>
<td>Continuing care</td>
<td>£3.7m</td>
<td>1%</td>
</tr>
<tr>
<td>Corporate</td>
<td>£35.4m</td>
<td>10%</td>
</tr>
<tr>
<td>Surplus</td>
<td>£138m</td>
<td>4%</td>
</tr>
</tbody>
</table>

Total: £151m

VOLUNTARY

£80m spent on acute services

£15m prescribed costs

£138m = £1,002

Planned expenditure for 2015/16 is £151m - less than last year

Main acute hospital providers:
- Frimley Health NHS Foundation Trust
- Royal Berkshire Hospital NHS Foundation Trust
- Main community and mental health provider: Berkshire Healthcare NHS Foundation Trust

www.bracknellandascotccg.nhs.uk