



South, Central and West
Commissioning Support Unit



**East Berkshire Children and Young People's
Mental Health and Wellbeing Local
Transformation Plans
Slough CCG Governing Body
6 October 2015**

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Transformation Plans – Strategic vision for 2020

- Intentions set out in the **Five Year Forward View**. Build capacity and capability across the system by **2020**
 - close health and wellbeing gap
 - securing sustainable improvements in C&YP Mental Health outcomes
- Children & Young People’s Mental Health Taskforce recent report **Future in Mind**, set out clear direction, key principles about how to make it easier for children and young people to access high quality mental health care when they need it
- **Local Transformation Plans for Children and Young People’s Mental Health and Wellbeing Guidance** published in August 2015 by NHS England (NHSE)
- NHS England’s **Five year strategy** to be published by the Mental Health Taskforce in September 2015
 - High level ambitions
 - Priorities for development of measurable outcomes
- CCGs to working closely on the development of plans with Health and Wellbeing Boards, partners from across the NHS (including NHSE Specialised Commissioning), Public Health, Local Authority, Youth Justice and Education sectors
- Plans to be signed off by the Health and Wellbeing Board (or a representative)



Transformation Plans – Timescales and funds

Plans to be submitted to NHS England by deadline of 16 October 2015

- Plans to be assured by NHS England
- Plans to be published locally by CCGs (October/November 2015)
- Funding released to CCGs (first week of November 2015)
- CCGs monies based on the standard CCG allocation formula
- CCGs received allocation for Eating Disorders with the publication of the national guidance
- Eating Disorders monies are recurrent and to release further funds is conditional on the assurance process
- Allocation available for Slough CCG
 - £77,303 already received for Eating Disorders 2015/16
 - £193,498 once plans assured (2015/16)
 - £270,801 minimum recurrent for 2016/17



Key Principles

- Integrated whole system approach to drive further improvements in outcomes
- Emphasis on building resilience, promoting good mental health, wellbeing, prevention and early intervention
- Services designed around the needs of children, young people and families
- Improve access with the right support from the right service at the right time, close to home
- Joined up services that are easy to navigate for children and young people, including those most vulnerable
- Continuous evidence based service improvement delivered by a workforce with the right skill mix, competencies and experience
- Improve transparency and accountability across the whole system – clear about resource usage, evidence based collaborative decision making



Local Transformation Plans - content

- Empowering local partners to work together, to lead and manage change in line with the key principles in Future in Mind
- Preparatory work in 2015/16 to establish plans with baseline information, and a shared local ambition for future years
 - Build system readiness to deliver system wide transformation
- The aim of the plans is to support improvements in children and young people's mental health and wellbeing by having an integrated whole system approach
- Plans to cover whole spectrum of services
 - prevention to intervention
 - existing or emerging mental health issues
 - inpatient care and transition between services
- Address the full spectrum of need
 - Looked after children, learning disabilities etc
 - Align with LD plans
- Phased approach over 5 years to securing long term local service transformation
- Waiting Time Standards in Early Intervention in Psychosis (April 2016)
- Access Standards for Eating Disorders from 2017/18



Plans should

- Clarify local leadership, governance arrangements to secure whole system approach to delivery
- Demonstrate evidence of joint working, collaborative commissioning – clear pathways
- Describe working arrangements with collaborative commissioning oversight groups (NHSESC and CCGs, Health and Justice Teams) including transition arrangements
- Set out steps towards agreeing a clear role for schools and colleges, including provision of locations for delivery of services
- Ensure coherence with local priorities and child and mental health requirements in the existing 15/16 joint planning guidance
- Set out clear metrics to measure success and to be transparent
- Make explicit reference to the reduction of inequalities in access and outcomes and the duties placed on commissioners by Equality Act 2010 , Health and Social Care Act 2012



Deliverables and key objectives to secure additional funding

- Community Eating Disorders Service 2015/16
 - Develop evidence based community services
- Existing improvement initiatives – Crisis Care Concordat
- Build capacity and capability across the system
 - Closing the gap by 2020
- Roll out Improving Access to Psychological Therapies Programme (CYP IAPT) by 2018
- Improve perinatal care (financial allocation separate)
- Bring education and local CYP MH services together around the needs of the individual child through a joint mental health training programme
- Reflect overall vision that CYP should be treated as close to home as possible (specialised commissioning)



Collaborative development

- Key drivers
 - Joint Strategic Needs Assessment (JSNA), Joint Health and Wellbeing Strategy
- Transparency
 - Annual declaration of current investment, needs of the local population across the full range of provision for CYP MH and wellbeing by commissioners
 - Providers to declare what services they provide, including staff numbers, skills and roles, referral numbers, waiting times
- Service Transformation
 - Sign up by all partners, commissioners or providers to a series of agreed principles covering the range, choice of treatments, interventions available
- Improving the data and IT infrastructure
 - Information standards notice to providers for implementation no later than 1 January 2016
- Monitoring Improvement
 - Develop a shared action plan and a commitment to review, monitor and track improvements with appropriate governance structures



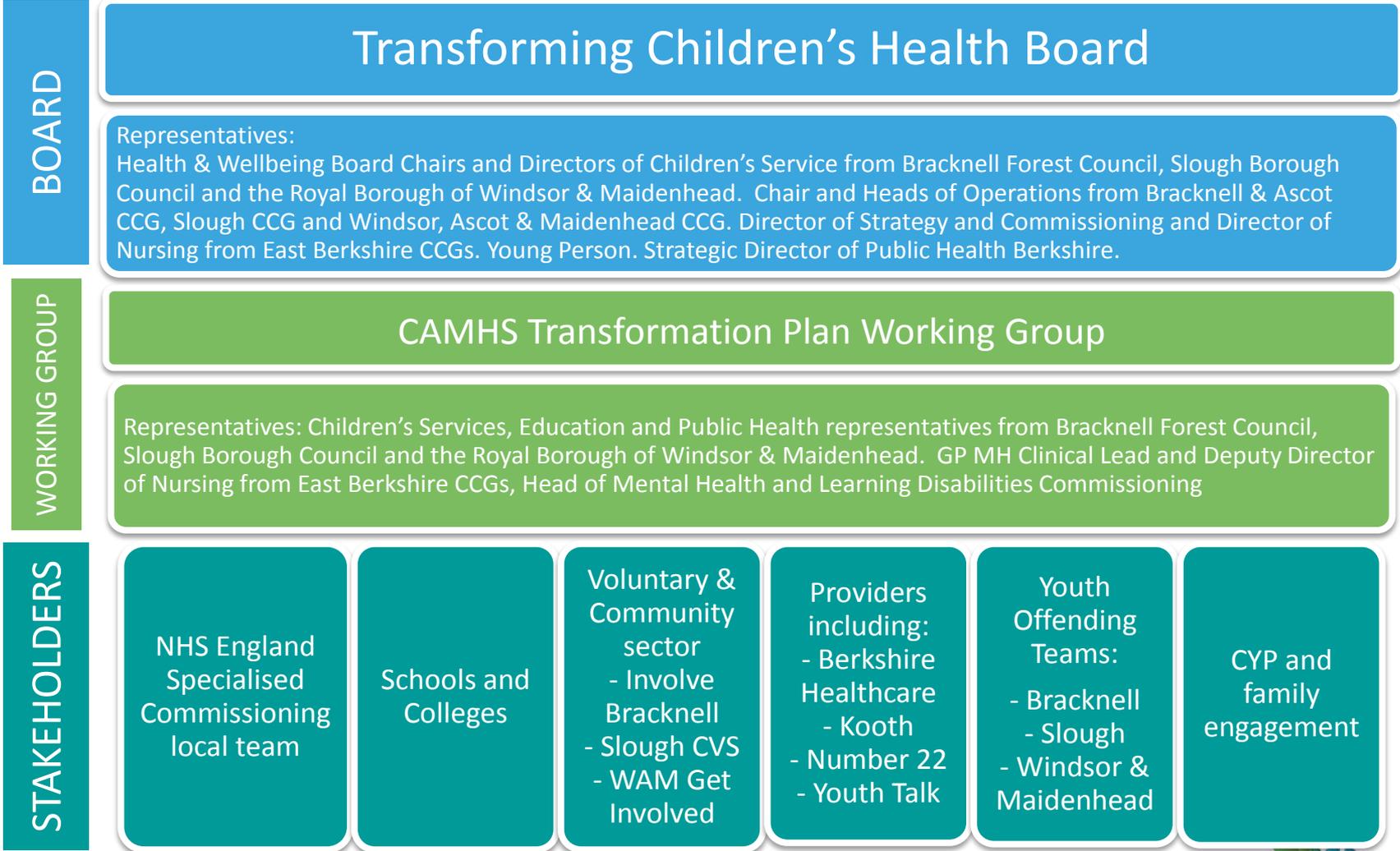
Submission of local plans

- Local Transformation Plans (16 October)
 - High Level Summary (template)
 - Completed Self Assessment checklist (template)
 - Completed tracking templates to evidence and monitor progress
- Transformation Plans inform 2016/17 CCG commissioning intentions (Q3/Q4)
- Review and development of Transformation Plans embedded in mainstream planning processes across local agencies from 2016/17 onwards



Berkshire East CAMHS Local Transformation Plans

Governance structure and Stakeholder map



Key Documents

- [Five Year Forward View](#)
- [Future in Mind](#)
- [Local Transformation Plans for CYPs MH and Wellbeing](#)
[Guidance and support for local areas](#)
- [Guidance to support the introduction of access and waiting time standards in Mental Health in 2015/16](#)
- [Access and Waiting Time Standard for CYP with an Eating Disorder](#)
- [Achieving Better Access to Mental Health Services by 2020](#)

