

The following products, associated with minor ailments, will no longer be prescribed by your GP:

PRODUCT TYPE	EXAMPLES
Antacids Antiperspirants Athlete's foot powders/creams/sprays Benzoyl peroxide for acne Bite & sting relief Chloramphenicol eye drops for adults	Gaviscon®, Rennies®, Peptac® Anhydrol Forte®, Driclor® Daktarin®, Mycota® Acnecide®, Brevoxyl® Bite & sting creams, bite & sting soothing sprays Chloramphenicol eye drops
Cold sore cream Cough & cold remedies Cradle cap softener Cystitis relief Dandruff shampoo Decongestants	Zovirax®, Aciclovir cream Beechams®, Benylin®, Buttercup®, Codeine linctus, Day/Night Nurse®, Covonia®, Pholcodine®, Lemsip®, Simple linctus Cradle cap shampoos or softeners Oasis®, Cystopurin® Ketoconazole shampoo, Nizoral®, Capasal® Sudafed®, Actifed®, Otrivine®
Diarrhoea relievers Dry eye relievers Ear wax softeners Emollient creams for dry skin Haemorrhoid soothers Hay fever treatments	Imodium®, Loperamide, Dioralyte® Systane®, Hylo-Tear®, Hylo-Forte®, Optive®, Optive Fusion®, Viscotears® Cerumol®, Otex®, Olive oil Aveeno®, Cetraben®, E45®, Doublebase® Anusol® Cetirizine, Loratadine, Beconase®, Sodium cromoglicate
Head lice treatments Infant colic remedies Irritated skin soother Laxatives for constipation Migraine relievers Mouth ulcer or teething relief Multivitamins	Derbac®, Lycllear® Colief®, Infacol® Eurax®, hydrocortisone cream Fybogel®, Senna, Lactulose, Dulcolax® Migraveve®, Imigran® 50mg, Sumatriptan 50mg Bonjela®, Anbesol® Vitamins capsules, Sanatogen®, Centrum®, iCaps®
Nappy rash creams Oral thrush gel Pain and fever relief Probiotics Ring worm treatment Sore throat soothers	Sudocrem®, Metanium® Daktarin gel® Paracetamol, Ibuprofen, Calpol® Any probiotic Canestan®, Daktarin®, Lamisil® Strepsil®, Tyroset®, Corsodyl®, Difflam®, Dequadin®
Sun protection & Sun burn relief Toothpastes Thread worm treatment Travel sickness relief Vitamin D Wart and verucca removal	Any sun screen or after sun product Duraphat® Ovex® Kalms® (Colecalciferol) 400-1000 unit preparations Wartner®

Any supermarket or pharmacy own brands of the products listed above will also not be prescribed. The above list is not exhaustive and could be subject to change. To view the full policy, explanation and FAQs please visit

www.eastberkshireccg.nhs.uk

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