

Get involved with your local NHS

These are the various ways you can get involved in shaping your local NHS:

	GP Practice patient group	Patient Assembly/ Slough PRG/Patient Networking Group	Your Views Matter	Patient Panel	Community Partnership Forum (CPF)	Patient Partners
What is it?	Volunteers who support the improvement of their GP practice and enable the patient voice to be heard	Networking group of volunteers who support GP practice improvement	Online survey and consultation website where you can have your say	A network of volunteers interested in supporting and influencing local NHS projects	A public forum which brings together community and patient representatives across east Berkshire to share information, discuss and influence issues relevant to local health	Being a patient representative on a project steering group or focus group
Who can join?	Anyone can join at their registered practice	Representatives from the GP Practice Patient Group except for Bracknell's Patient Assembly, which is open to all	Anyone	Anyone - you may be a patient, carer, member of staff or someone interested in the specific project area	Anyone	People with experience relevant to the topic
What difference can I make?	Improve patient experience and share health messages with patients	Hear about and discuss key CCG projects and pass on key messages to local patients	You can choose what to participate in. All feedback is taken seriously and helps inform the way forward	Your experience, knowledge and feedback are critical for influencing the way projects develop	Your experience and feedback will help to influence and shape the way your local healthcare is delivered	Patient experience contribution can be crucial in development/refinement of services
How much time must I commit?	This can vary but usually is not hugely time intensive	The meetings are held bi-monthly	This depends on what you choose to be involved in	Each project has a specific timeframe and frequency may vary. Some groups function virtually	The meeting takes place bi-monthly and lasts for approximately two hours. The location changes each time	Depends on project - they may be periods slightly more intense than others
How can I join?	Speak to your GP practice reception staff	Speak to your GP Practice Patient Group or Reception staff	Visit: https://your-voice-matters.eastberkshireccg.nhs.uk	Visit: www.eastberkshireccg.nhs.uk	Visit: www.eastberkshireccg.nhs.uk	Visit: www.eastberkshireccg.nhs.uk

Other opportunities to engage:

Governing Body

Primary Care Co-Commissioning in Common

Integrated Care System engagement

Local partner engagement